

## Hippy Wytch Cottage Limited Crystal Properties Statements

- The crystal properties statements on this web site are intended to give you a general idea of the metaphysical properties of each crystal stone and assist you in selecting a crystal type to purchase.
- The statements used are condensed or paraphrased from a wide range of third-party sources and are intended to represent an overall opinion or viewpoint put forth by various metaphysical researchers.
- In NO way should the properties statements be considered a replacement for advice or treatment from medical professionals or other professional health care providers.
- By using this site and reading the statements you agree that Hippy Wytch Cottage Limited assumes no liability whatsoever for any consequences, real or assumed, due to the use or misuse of any of the information found in these properties statements.
- You also agree that Hippy Wytch Cottage Limited assumes no liability whatsoever for any consequences arising due to you relying on the properties of any given crystal in place of advice or treatment from a healthcare professional.

**Titles highlighted in PURPLE are stocked at Hippy Wytch Cottage**



### **Agate**

**Grounding stones – helping emotional, physical and intellectual balance.**

Soothing, calming, slowly bringing great strength. Facilitates acceptance of one's self. Improves concentration, perception, and analytical abilities, leading to practical solutions. Heals inner anger, useful for any emotional trauma. Slow acting but long lasting.

**Chakras: according to colours**

**Zodiac Signs: Gemini**

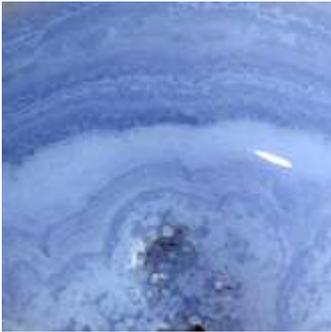


### **Agate Banded Black Stamina, Grounding, Love**

Banded Agate is a healing stone for body, mind and spirit. It can increase concentration, honesty and memory. Helpful in overcoming negative emotions by bringing love into the chakras. Eyes, Stomach, Uterus, cleanses Lymphatic system & Pancreas, Skin disorders, Relieves Gastritis.

**Chakras: Base**

**Zodiac Signs: Libra, Capricorn.**



### **Agate Blue Lace**

#### **Communication, Stabilizing, Calming**

It is both a grounding and spiritual stone, allowing one to bring their spiritual experiences into their everyday reality. Promotes the acceptance of one's emotions. This calming stone can help those who may be feeling depressed or worried, and is believed to bring peacefulness. Blue Lace Agate is also used for dissolving repressive blocks that inhibit

expression. Writers can use Blue Lace Agate to help with articulating inspired ideas. Also helps with public speaking. Blue Lace Agate relieves insomnia, eases sore throats as well as tension headaches, and helps with high blood pressure.

**Chakras: Throat, Brow**

**Zodiac Signs: Gemini, Pisces**



### **Agate Moss**

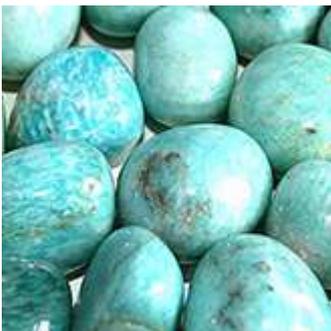
#### **Growth, nurturing, new beginnings.**

#### **Beneficial for agriculturists and botanists.**

A birthing crystal – helps lessen pain and assists delivery. In healing speeds up recovery, anti-inflammatory, cleanses circulatory and elimination systems, encouraging flow of lymph and boosts immune system. Helps with depression. Releases fear and deep seated stress.

**Chakras: Heart and Crown**

**Zodiac Signs: Virgo**



### **Amazonite**

#### **Expression, Balance, Inspiration**

Amazonite is great for non-verbal expression. It is a good energy filter, blocking geopathic stress as well as electromagnetic pollution emitted from computers, microwaves, or cell phones. Amazonite soothes aggravation and emotional trauma, eases irritation, and calms all of the chakras. Amazonite can assist with throat, sinus,

Osteoporosis, calcium deficiency, muscle spasms relief, chest and lung issues. Use Amazonite to help in maintaining overall health and a healthy lifestyle. Amazonite is a "Stone of Success and Abundance", attracting focus and good luck.

**Chakras: Heart, Throat, Thymus, Brow**

**Zodiac Signs: Virgo**



## **Amber**

### **Clearing, Healing, Protective**

Amber is not a crystal, it is a tree resin that solidified and became fossilized. Amber is at least 100,000 yrs old. If younger the resin is called Copal. (Amber from the Baltics and the Dominican Republic are 25 to 40 million years old!) Amber is a powerful healer and cleanser, Amber draws out and transmutes negative energy of all kinds on all levels.

Amber aids in physical self-healing, emotional healing of depression, and environmental clearing. Amber opens and cleanses all of the Chakras. Highly protective, Amber also aids in the manifestation of ideas to reality. It a good stone to use to prepare a healing or birthing room. Use Amber with the Solar Plexus Chakra to increase confidence, mental clarity, and creative self-expression. Amber helps with the organs of elimination, including the liver, kidneys, bladder, and stomach. It resonates with the Throat Chakra and can help with laryngitis and goiter. Amber encourages peacefulness and develops trust. It also promotes altruism and brings wisdom.

**Chakras: Solar Plexus**

**Zodiac signs: Leo, Aquarius, Sagittarius**



## **Amethyst**

### **Protection, Purification, Spirituality.**

**Extremely powerful and protective stone.**

A natural stress reliever, Amethyst can encourage inner strength. Calming, brings focus, spiritual insights, enhances memory, and improves motivation. Amethyst also provides a wonderful peaceful energy for meditations. Dispels anger, rage, fear and anxiety. Alleviates sadness and grief, supports

coming to terms with loss. Helpful with stress, headaches, tension, hearing, lungs, skin, insomnia, addiction, alcoholism.

**Chakras: Brow and Crown**

**Zodiac Signs: Pisces, Virgo, Aquarius, Capricorn**



## **Angelite**

### **Intuition, Communication, Higher Self**

Angelite is a very soothing, peaceful, and uplifting stone quite helpful during times of transition. Angelite heals and clears the Throat, Brow, and Crown Chakra, and sends energy to the Soul Star Chakra that lies 6 inches above the head. The higher vibrations sent to these chakras allows for greater spiritual growth, enhanced intuition, and clearer

communication. Angelite's ability to unblock the upper chakras clears the area to

allow for the influx of higher vibrational information coming into the auric field, to be processed by the lower chakras. Angelite can be used during meditation to enhance the meditative state, and to clarify issues in one's current situations as they arise. Helpful for throat, alleviating inflammation, balancing thyroid & the parathyroids, diuretic, weight control and sunburn.

**Chakras: Throat, Brow, Crown**

**Zodiac Signs: Aquarius**



### **Apatite**

#### **Clarity, Spiritual Guidance, Self-Expression**

Blue Apatite energetically acts as a hunger suppressant. Apatite also eliminates blockages and returns the body to balance. It can cleanse the aura of cluttered energies, a good stone to help balance the chakras. Apatite enhances manifestation of ideas to reality and facilitates getting results. It enhances communication and self-expression on

all levels, making this a great stone for teachers. Encourages openness and ease in social situations, a quality that makes it especially useful for autistic children. Can be used to deepen and maintain focus in meditation. Apatite will focus healing energy on the body's systems, glands, meridians and organs. Helps healing bones, arthritis and joint problems, aids absorption of calcium and helpful for hypertension.

**Chakras: Throat, Brow**

**Zodiac Signs: Gemini, Libra**



### **Aquamarine**

#### **Protective, Communication, Calming**

Aquamarine is a stone of courage and protection. Calms fears and phobias. Aquamarine can aid in the assimilation of new knowledge, making it a great crystal for students of all kinds. It helps promote tolerance, overcoming judgementalism, encouraging self-responsibility and the breakdown of old self-defeating programs. A wonderful

stone for meditation, invoking spiritual awareness and encourages service to humanity. Aquamarine is useful for sore throats, swollen glands and thyroid problems. It harmonises the pituitary and thyroid, regulating hormones and growth. It strengthens the body's cleansing organs and aids the eye, jaw, teeth and stomach. It calms over reactions of the immune system and autoimmune diseases such as hay fever. Aquamarine can be used to align all of the chakras and enhance the aura.

**Chakras: Heart, Thymus, Throat, Brow**

**Zodiac Signs: Gemini, Pisces, Aries**



### **Aventurine Green**

#### **Healing, Abundance, Growth**

Green Aventurine comforts, harmonizes, protects the heart, and can help attract love later in life. It is one of the premier stones to attract luck, abundance and success. Good for working through unresolved emotional issues. Green Aventurine facilitates learning about oneself and one's place in the universe. Green Aventurine is an all-around healing stone with benefits for the lungs, liver, sinuses, and heart. Used to loosen and release negativity and energy blockages, including disease. Alleviates stress, migraine/headaches. Strengthens eyes.

**Chakras: Heart**

**Zodiac Signs: Virgo, Taurus**



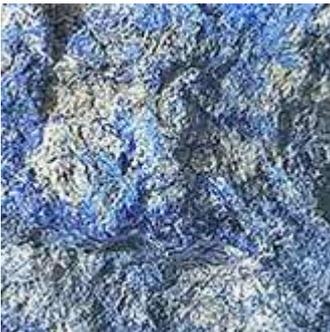
### **Aventurine Red**

#### **Creativity, Balance, Prosperity**

Red Aventurine enhances creativity and motivation. It also is a stone of prosperity. It can help to diffuse negativity and balance the male-female energies. Red Aventurine is a stone of encouragement, helping to open our eyes and minds to new alternatives and possibilities. Red Aventurine helps to balance blood pressure. It is a genital and reproductive healer, many times assisting in reversal of diseased states in these areas.

**Chakras: Base**

**Zodiac Signs: Aries**



### **Azurite**

#### **Communication, Intuition, Guidance**

Azurite has been called the "Stone of Heaven" that aids in the "pursuit of the heavenly self". Azurite is a stone which works with the Brow Chakra, helping one to recognize intuition and spiritual guidance when it occurs. Helpful in relieving worries, phobias, and nagging negative thoughts, Azurite also helps one to recognize the areas in life needing attention. Azurite infuses intellectual logic with love, fostering compassion for oneself and others. Azurite encourages communication from the heart and heightens awareness of Spiritual communication. Azurite can help dissolve energy blockages and communication blockages. Azurite calms and relieves mental stress. It is useful in meditation to clear the mind, promote deep introspection and visualization, and allow clear recognition of intuitive messages that are received.

**Chakras: Throat, Brow, Crown**

**Zodiac Signs: Aquarius, Sagittarius**



### **Bloodstone**

#### **Detoxifying, Healing, Grounding**

Bloodstone is a powerful healing stone used for thousands of years for its healing properties. It is often used to purify and detoxify the body. Great at grounding negative energy and cleansing the body. Bloodstone assists in enhancing the functions of the mind, bringing clarity and understanding.

Bloodstone is an energy cleanser, purifying the blood and detoxifying the liver, kidneys and spleen. It benefits all blood rich organs and regulates blood flow. Bloodstone cleanses lower chakras, realigning the energies.

**Chakras: Base, Sacral, Solar Plexus, Heart**

**Zodiac Signs: Aries, Libra, Pisces**



### **Calcite Amber**

#### **Amplifies, Balances, Supports**

Amber Calcite (also called Honey Calcite) helps one to relax into life and create a state of allowing. Supportive Amber Calcite eases the challenges that sometimes come with change and creates balance between the Sacral and Solar Plexus Chakras. Amber Calcite can enhance the will, bringing extra motivation when needed for long-term projects and

goals. Amber Calcite has a gentle and loving energy vibration that can calm the over-anxious mind to help with meditation and sleep. Meditating with Amber Calcite can help those who are working to change persistent thoughts or beliefs about scarcity. Amber Calcite supports a healthy immune system, and when worked with consistently, can help to counteract effects of immune deficiency viruses or immune-suppressive medications.

**Chakras: Crown, Solar Plexus, Sacral**

**Zodiac Signs: Pisces, Cancer, Leo**



### **Calcite Blue**

#### **Soothing, Emotional Release, Communication**

A gentle stone to use when recuperating, Blue Calcite facilitates physical healing by clearing negative emotions and encouraging rest and relaxation. Blue Calcite can also work as a natural sedative after an emotional trauma, such as the death of a loved one. Facilitates calm communication. Aids memory and learning, and helps students retain their

lessons. Meditating with Blue Calcite can promote an optimistic point of view. Blue Calcite lowers blood pressure and may help to dissolve pain on all levels. Gently soothing the nerves and lifting anxieties, Blue Calcite releases negative emotions.

**Chakras: Brow, Throat**

**Zodiac Signs: Pisces, Cancer**



### **Calcite Clear**

#### **Amplifies, Cleanses, Healing**

Calcite is a powerful energy amplifier and cleanser. The purifying energy of Calcite cleans out stored negative energy from a room, the body, etc. Use Calcite to remove old energy patterns and to increase personal motivation and drive. Calcite is also a good choice for distance healing work, because it amplifies the energy being sent.

Calcite is known as the “Stone of the Mind”, heightening mental discernment and analysis, and increasing memory and learning abilities. Calcite is THE stone for students and academics. Calcite is also useful during times of mental adjustments and disagreements. Calcite can show you a new way to look at a situation, easing you away from old, outdated thought patterns that may be in the way of new ideas. Calcite has been associated with the bones and joints, and balances the amount of calcium in the body. Calcite can also help to improve the body’s absorption of important vitamins and minerals.

**Chakras: All**

**Zodiac Signs: Cancer**



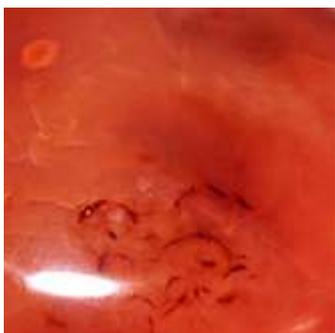
### **Calcite Green**

#### **Emotional Balance, Release, Healing**

Green Calcite facilitates emotional and mental balance. Cleanses energy channels and chakras. Green Calcite helps to dissolve old energy patterns and beliefs that may be holding you back. It assists during times of mental change or big transitions. Green Calcite stimulates the immune system and is useful for bone, ligament, and joint issues.

**Chakras: Heart**

**Zodiac Signs: Virgo, Cancer**



### **Carnelian**

#### **Creativity, Physical Vitality, Grounding**

Carnelian helps to calm fears about death. Carnelian is a powerful Sacral Chakra Stone. It increases personal power and physical energy, gives courage, and boosts creativity and compassion. Aids meditation by allowing deeper concentration and keeping out interrupting thoughts. Carnelian is useful in making decisions by keeping us focused on the here and now and not on past experiences. Carnelian calms anger and

grounds you in reality. Carnelian encourages initiative and determination. Carnelian increases blood circulation, aids in male impotency, increases appetite, alleviates problems of the liver, bladder, kidneys and spleen. It can help with PMS as well as anxiety associated with sexual anxieties. Also beneficial for lower back problems, rheumatism, arthritis, neuralgia and depression.

**Chakra: Sacral**

**Zodiac Signs: Cancer, Leo**



### **Chrysoprase**

**Hope, Compassion, Love**

Chrysoprase helps one to connect with altruistic feelings, which when acted upon, tend to attract higher vibrational experiences into daily living. Chrysoprase opens and activates the Heart Chakra, allowing for a stronger flow of Chi through this Chakra and helping one to live from the heart. A stone of grace and compassion, Chrysoprase facilitates deep meditation and relaxation. Use Chrysoprase to encourage acceptance of oneself and of others, by banishing feelings of superiority or inferiority from within. Chrysoprase can also be used as a loving and supportive stone during experiences of deep loss. Chrysoprase is known for bringing hope into dire situations, and is excellent for breaking negative cycles. It can help to initiate great inner growth, especially when used during meditation. Carrying Chrysoprase in the pocket can be beneficial for those needing to release fear and bitterness. Chrysoprase can be used to treat disorders of the heart and to increase dexterity.

**Chakras: Heart, Throat**

**Zodiac Signs: Taurus, Libra**



### **Citrine**

**Abundance, Emotional Balance, Chakra Cleanser**

Citrine can help one to overcome depression, release anger, and learn effective communication skills. Citrine can activate one's imagination, bringing more creative visions to a clearer mind. It can enhance one's optimism in any situation, bringing a more positive outlook into the conscious and subconscious mind, which allows one to step into the flow of things with better results. Citrine makes a great tool for transmuting negative energy. Citrine heightens self-discipline, attracting professional success and wealth. Citrine will help support the energy of a family environment at work or at home. Citrine can support and enhance healing for the spine, the digestive and elimination organs, and the metabolism. Citrine can facilitate detoxification and stimulate circulation. Often used for chronic fatigue, Citrine can help to increase energy and drive. This property can also help those who are trying to lose weight, by

encouraging one to be optimistic about achieving their goals. Citrine helps stimulate digestion, the spleen and pancreas. Ameliorates kidney and bladder infections. Helps with eyes, thyroid, constipation and the menopause. Citrine is called the 'Success Stone'. It is said to promote good fortune, abundance and prosperity.

**Chakra: Sacral, Solar Plexus, Crown, Cleanses all**

**Zodiac Signs: Gemini, Aries, Libra, Leo**



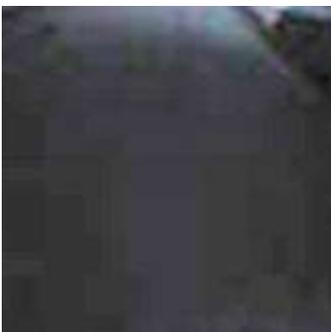
### **Fluorite Green**

#### **Healing, Energizing, Cleansing**

Green Fluorite enhances intuition and brings order out of chaos. Green Fluorite cleanses and renews the chakras. It dispels negative energy, especially from the environment, such as electromagnetic smog from computers and the like. It then reenergizes the atmosphere. Green Fluorite enhances the immune system, increases cell regeneration and assimilates vital nutrients. It helps bones and teeth, and eases arthritis. Green Fluorite heals scars, both emotional as well as physical. It can help with sore throats, ulcers, stomach upsets and insomnia.

**Chakras: Heart, Throat**

**Zodiac Signs: Pisces**



### **Garnet**

#### **Love, Loyalty, Commitment**

Garnet inspires a sense of lightness and brightness, illuminating dark places and dark souls. Garnet is a good stone for depression, bringing joy and hope, and helps lessen anger, especially toward oneself. Garnet stimulates willpower and courage, bringing those internalized ideas and feeling you have to the surface to be acted upon and carried out. Garnet can cleanse the chakras of negative energies and re-energize them. It helps to balance the Sacral Chakra and sex drive, and to aid in the controlled rise of Kundalini energy. Garnet inspires love and passion, devotion and loyalty. A stone of commitment, Garnet encourages personal relationships of all kinds, and is a useful relationship tool both personally and in business.

**Chakra: Base, Sacral, Heart**

**Zodiac Signs: Leo, Virgo, Capricorn, Aquarius**



### **Hematite**

#### **Grounding, Balancing, Detoxifying**

Hematite helps to absorb negative energy and calms in times of stress or worry. Hematite is also good for working with the Base Chakra, helping to transform negative energies into a more positive vibration. Hematite can help one to find their own, unique gifts and to release self-imposed limitations, while still maintaining a healthy amount of self-control.

Hematite aids in the Ascension process, by facilitating the integration of higher spiritual energies into our physical 3-D existence. Hematite facilitates balance, equilibrium and strengthens self-confidence. Hematite is used to protect against geopathic stress and electromagnetic smog, and is said to be a great detoxifying stone, helpful for the liver and the blood.

**Chakra: Base**

**Zodiac Signs: Aries, Aquarius**



### **Howlite Blue**

#### **Calming, Awareness, Spiritual**

Howlite helps to reduce anxiety, tensions and stress. Howlite can be used to facilitate awareness, encourage emotional expression and assist in the elimination of pain, stress and/or rage. Howlite will calm and soothe the emotions, slow the overactive mind and help to achieve a deep and restful sleep. Howlite can help to access/retrieve

wisdom during the dream state and bring it back into consciousness upon waking. Howlite brings mental awareness, both to current and past-life issues, and facilitates a calm communication of these issues. Keep a piece of Howlite in your pocket to absorb anger and negative energy. Meditating with Howlite can help one to connect with the higher realms, allowing for greater communication of higher frequencies into the higher chakras, to be assimilated by the unconscious mind, which helps one to slowly remove the veils blocking truth. Howlite strengthens positive character traits, removing selfishness, rude behaviour, and greed. Howlite can help with the absorption of calcium into the bones and teeth, and can balance the emotions. Howlite also assists in relaxing and releasing muscular tension. Helps relieve insomnia.

**(This stone has been dyed, but keeps the properties of Howlite.)**

**Chakras: All**

**Zodiac Signs: Gemini, Virgo**



### **Howlite Turquoise**

#### **Calming, Awareness, Spiritual**

Howlite helps to reduce anxiety, tensions and stress. Howlite can be used to facilitate awareness, encourage emotional expression and assist in the elimination of pain, stress and/or rage. Howlite will calm and soothe the emotions, slow the overactive mind and help to achieve a deep and restful sleep. Howlite can help to access/retrieve wisdom during the dream state and bring it back into consciousness upon waking. Howlite brings mental awareness, both to current and past-life issues, and facilitates a calm communication of these issues. Keep a piece of Howlite in your pocket to absorb anger and negative energy. Meditating with Howlite can help one to connect with the higher realms, allowing for greater communication of higher frequencies into the higher chakras, to be assimilated by the unconscious mind, which helps one to slowly remove the veils blocking truth. Howlite strengthens positive character traits, removing selfishness, rude behaviour, and greed. Howlite can help with the absorption of calcium into the bones and teeth, and can balance the emotions. Howlite also assists in relaxing and releasing muscular tension. Helps relieve insomnia.

**(This stone has been dyed, but keeps the properties of Howlite.)**

**Chakras: All**

**Zodiac Signs: Gemini, Virgo**



### **Jade African**

#### **Stability, Prosperity, Longevity**

African Jade is an abundance and prosperity stone. Helps to bring harmony to mind, body and spirit. Helps if you are feeling 'low' and not sure what to do next. Brings positivity to people and places.

**Chakras: Brow**

**Zodiac Sign: Aries, Taurus, Gemini, Libra**



### **Jasper Dalmatian**

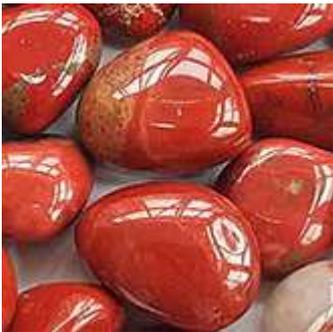
#### **Protection, Grounding, Transmutes Negative Energy**

It helps the over analyser to ground and centre all bodies (physical, emotional, intellectual, etc.) to maintain balance and connection (working with) with the etheric energies. Dalmatian Jasper is a stone of service, reminding us that we can make a difference, no matter how small or large the act. It can be used to calm and soothe animals that are hurt and scared.

Dalmatian Jasper helps to harmonize the emotions and assists in maintaining composure, even under the most difficult circumstances. It cleanses the aura and any other dysfunctional energies, dispels/transmutes negative energy (due to the black Tourmaline inclusions), and protects the user from harm. Use Dalmatian Jasper when you are feeling down and out. It will restore a sense of fun and childlike wonder. Improves the state of internal organs and counters both constipation and irritable bowel conditions.

**Chakras: Base, Sacral, Solar Plexus**

**Zodiac signs: Gemini**



### **Jasper Red**

#### **Nurturing, Grounding, Stabilizing**

Red Jasper is a calming stone and can stimulate the Base Chakra. Red Jasper works slowly and effectively, and is a great stone to ground anyone who is overly sensitive to crystalline energy. Red Jasper aids in resolving difficult situations and can be used to ground and stabilize the Aura.

Using Jasper can bring helpful insights into view that can

help to progress toward set goals, or to understand why a change may be necessary.

Red Jasper is a staple of the medicine bag. In general, Jasper is known as the

“supreme nurturer”. It sustains and supports during times of stress, and brings

tranquillity and wholeness. Used in healing, Jasper unifies all aspects of your life.

Jasper reminds people to help each other.

**Chakras: Base, Sacral**

**Zodiac Signs: Aries, Scorpio**



### **Labradorite**

#### **Strength, Transformation, Intuition**

Labradorite heightens intuition and enhances psychic abilities, making it great for working with the Brow Chakra.

Intuition and intellect are balanced by Labradorite, illusions are dispelled and true intentions are seen more easily with its use.

Labradorite is also very protective against negative energies, balancing, strengthening and protecting the aura

and sealing the aura from energy leaks. Labradorite is a stone of transformation and change. Labradorite enhances strength of will and feelings of inner worth. It is useful

for bringing up and healing old memories, including past life issues. Labradorite can also help prepare the body and soul for ascension.

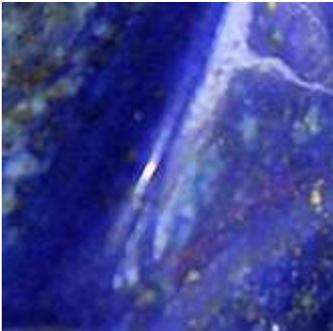
Labradorite can aid in communicating with our highest self and with the creator. It helps to assist when facing and navigating all types of changes and challenges, attracting strength and

perseverance. Labradorite is one of the best stones to use when dealing with any

type of addiction or to break unhealthy habits. Alleviates feeling cold, Colds, Rheumatic illnesses, gout, Lowers blood pressure, Calming, Improves vision.

**Chakras: Brow, Crown**

**Zodiac signs: Sagittarius, Scorpio, Leo**



### **Lapis Lazuli**

#### **Communication, Intuition, Inner Power**

Lapis Lazuli is one of the best stones to use when opening and balancing the Throat Chakra. Lapis Lazuli helps to foster full verbal expression, and clears problems caused by “swallowing your tongue”. Lapis encourages clear, truthful expression when sharing information with others, including an easier voicing/communication of anger. Deeply peaceful, Lapis provides wisdom into mystical realms and connection with spiritual guardians. Lapis Lazuli can be a key to spiritual attainment. Lapis also protects against psychic attack, shielding negative energy and returning any negative vibrations to their source. Lapis Lazuli will enhance dream work and spiritual journeying. Lapis Lazuli helps with the immune system, thyroid and nervous system, lowers blood pressure, calms the nerves and relieves anxiety. It can alleviate headaches, migraines, fevers and pain.

**Chakras: Throat, Brow, Crown**

**Zodiac signs: Sagittarius, Libra**



### **Malachite**

#### **Amplifies, Protects, Healing**

Malachite is a stone of balance, abundance, manifestation and intention. Malachite absorbs energy and draws emotions to the surface. It clears and activates all Chakras, and is especially helpful in the stimulation of the Heart and Throat Chakras. An extremely powerful metaphysical stone, Malachite is often called the “stone of transformation” and is used for deep energy cleaning, bringing healing and positive transformation. For this reason, many metaphysicians recommend using Malachite in small doses. Malachite amplifies energies of all kinds, both positive and negative. One of the most important healing stones, Malachite helps the user acknowledge, draw out, and discharge negative energy, including old emotional patterns, past traumas, and suppressed feelings. Malachite’s ability to draw out negative energy can assist in discovering the energy blocks and patterns that may be causing physical disease. Malachite absorbs pollution, purifies, and shields against radioactivity. Malachite can be useful in easing menstrual cramps and childbirth. It may help with lowering

blood pressure, asthma, arthritis, epilepsy, fractures, and travel sickness. Do not use salt to cleanse polished Malachite as it will damage the finish.

**Chakras: Heart, Throat, Brow**

**Zodiac signs: Capricorn, Scorpio**



### **Mookaite**

#### **Awareness, Intuition, Healing**

Mookaite (also called Australian Jasper) is a powerful healing stone that helps provide stability to one's perspective of life, helping make the right decisions based on objective knowledge. Mookaite balances the Base, Solar Plexus, and Brow Chakras, and can improve the flow of energy between these chakras. One can use Mookaite to access genetic memory to help awaken all of one's abilities. Mookaite may assist in helping to slow the ageing process by changing internal beliefs regarding that process, and by reminding one that the spirit is eternal. Mookaite can assist during pregnancy, encouraging healthy development of the foetus. Mookaite is also a wonderful stone to use in a supportive role when working with animals. Hold Mookaite in your hand during meditation to help with the release of old patterns that inhibit growth. Carry Mookaite in your pocket when in need of an extra boost of practical intuition. Mookaite can help those who are trying to work with Law of Attraction to bring higher ideals into physical reality.

**Chakras: Base, Sacral, Solar Plexus, Brow**

**Zodiac signs: Virgo, Scorpio**



### **Moonstone**

#### **Intuition, Inspiration, Goddess Energy**

Moonstone is a stone of intuition and insight, Moonstone helps to connect to all of the different cycles one experiences in life. Moonstone helps to balance the emotional body, especially any aggressive tendencies in males or females. Many people find Moonstone to be very soothing and use it to help relieve stress. Working with the Sacral, Brow and Crown Chakras, Moonstone connects us to Divine Inspiration, and channels it into our own intuition. Moonstone encourages introspection and judgment, yielding to easier decision making. Moonstone also enhances one's emotional vision, bringing greater creative abilities and freedom of expression. These properties are also enhanced by Moonstone's ability to open one up to increased synchronicity, that we often cannot see due to our being wrapped up in our daily routines. Moonstone can also offer increased patience and allowing, so those newly found synchronicity can flow into our lives unimpeded. Moonstone can promote conception by aiding all aspects of the reproductive

system. It helps to balance hormonal and menstrual cycles. Moonstone is also known to help with the digestive system, including the liver, and can aid in the absorption of essential vitamins and minerals. It is beneficial for the skin, hair and eyes. Moonstone helps to eliminate toxins and fluid retention. Moonstone may alleviate nightmares and provide regular sleep patterns.

Charge your Moonstone by placing it in the moonlight.

**Chakras: Sacral, Brow, Crown**

**Zodiac signs: Cancer, Libra, Scorpio**



### **Obsidian Black**

#### **Grounding, Protecting, Healing**

Black Obsidian is an opaque volcanic glass, whereas the translucent variety is called Apache Tears. It is a protective stone, often worn to guard against negativity, demanding people, hostile entities and geopathic stress. It eases tension, especially in the home and can protect against electromagnetic fields. Use Black Obsidian during meditation to find a creative way through problems. It is helpful in developing intuition and grounding you to the earth, releasing negative energies that result in restlessness, irritability and nervousness. Place a piece of Black Obsidian near a nervous pet's bed to help it feel less frightened and skittish. Black Obsidian is very helpful after trauma, especially sexual assault or domestic violence. Obsidian protects the wearer from hostility, negativity, psychic 'vampires' and spiritual entities that do not belong. It offers release from tension and enables one to move forward in his/her life, with a more promising outlook. Obsidian often points to the root cause of an illness. It clears the blockages that cause disease. Use Obsidian for detoxifying, alleviating bleeding, increasing blood circulation, and helping with the pain associated with arthritis and other joint discomfort.

**Chakras: Base**

**Zodiac signs: Sagittarius, Scorpio**



### **Obsidian Snowflake**

#### **Balance, Centring, Support**

A stone of purity, Snowflake Obsidian brings about a balance to body, mind and spirit. Snowflake Obsidian helps to keep centred and focused when any type of chaotic situation (office, commute, home, etc.) presents itself. Snowflake Obsidian can remove negativity from a space or person with ease. Volcanic in origin, Snowflake Obsidian helps to draw emotions to the surface and to examine harmful thought patterns. A good choice for past life work, Snowflake Obsidian heals old karmic patterns and helps in examining harmful thought patterns. Snowflake Obsidian promotes a sense of calm and inner

centring which readies one for a deep meditative state. Physically, Snowflake Obsidian is associated with the skeletal and vascular systems, and is said to support smooth skin. Obsidian is a very grounding and protective stone. It is used as a great cleanser of negative energies, helping to remove not only negativity experienced in the environment, but also that of one's own emotions, such as anger, jealousy, greed, resentment, etc. Obsidian is often used for healing and releasing energy blockages, and has a tendency to work quickly to move truths to the surface to be resolved.

**Chakras: Base, Sacral, Solar Plexus**

**Zodiac signs: Virgo, Capricorn**



### **Onyx**

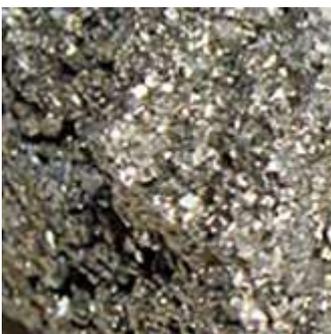
#### **Protection, Encouragement, Strength**

A powerful protection stone, Onyx absorbs and transforms negative energy, and helps to prevent the drain of personal energy. Onyx aids the development of emotional and physical strength and stamina, especially when support is needed during times of stress, confusion or grief. Onyx fosters wise decision-making. Use Onyx to encourage

happiness and good fortune. Onyx is a strength-giving stone and can provide support for self-discipline issues. Because it helps to hold physical memories, Onyx can be useful in healing old wounds or past life issues. Onyx is wonderful for meditation and dreaming. When using Onyx for either of these purposes, it is recommended to use a secondary grounding stone in combination with the Onyx. Onyx helps one to become master of their own future.

**Chakras: Base**

**Zodiac signs: Leo, Capricorn**



### **Pyrite**

#### **Prosperity, Protection, Deflects Negativity**

Pyrite is a very protective stone, deflecting negative energy of all kinds. Pyrite blocks energy leaks and mends auric tears. Pyrite helps to protect you from environmental pollution. Traditionally, Pyrite is known as a stone of luck, helping to attract abundance, wealth and prosperity. Pyrite helps to release negative and inhibiting patterns of behaviour. Pyrite

can enhance one's will during challenging times and supports the action necessary for personal growth and success. Meditation with Pyrite can encourage greater frequency in moments of inspiration, and its grounding action allows these higher frequencies to be grounded into the physical world. Pyrite promotes good physical health and emotional well-being. Pyrite is helpful for any type of infection and can purify the systems of the body. Pyrite can be used to bring a feeling of increased

vitality during times of hard-work or stress. Pyrite is great for balancing one's energetic fields. Pyrite makes a great gift for those in convalescence.

**Chakras: All**

**Zodiac signs: Leo**



### **Quartz Clear**

#### **Healing, Enhancing, Amplification**

Clear Quartz is the most versatile healing stone among all crystals. Quartz is the most powerful healing stone of the mineral kingdom, able to work on any condition. Clear Quartz is known as the stone of power and amplifies any energy or intention. It is known as the 'Master Healer', and when added to any crystal will amplify the healing energy.

Clear Quartz protects against negativity, attunes to your higher self, and relieves pain. Clear Quartz has been shown to enhance and strengthen the aura. Clear Quartz is often used to cleanse, open, activate, and align all of the chakras. It stimulates the immune system. Since Clear Quartz absorbs energies very easily, it is important to clear these stones on a regular basis. In natural form, Clear Quartz Points radiate their energies outward, into the surrounding environment. Quartz Points are wonderful crystals to use with any type of meditation or energy work, including Reiki, table work, and Energy Grids.

**Chakras: All**

**Zodiac signs: All**



### **Quartz Rose**

#### **All Types of Love, Compassion, Self Esteem**

Rose Quartz is the stone of unconditional love. One of the most important stones for Heart Chakra work, Rose Quartz opens the heart to all types of love – love of self, love of family, love of friends, romantic love. It has a high energy which is calming and soothing, fostering empathy, reconciliation, and forgiveness of others. Rose Quartz lowers stress and tension in the heart, clearing out anger, jealousy, and resentment of others, and allows healing of heart issues and dis-ease associated with holding on to such negative emotions. Rose Quartz adds loving energy to relationships, bringing calm and peace. The comforting and soothing energy of Rose Quartz can also help heal a broken heart, allowing release of pent-up emotions and grief. Rose Quartz also helps release unexpressed feelings about others. Rose Quartz is used to heal ailments of the thymus, heart, and lungs. Rose Quartz is also known to help heal breast cancer and is an excellent support stone for most other types of cancer as well. Rose Quartz helps bring about a more youthful complexion; aides in circulatory, heart, adrenal gland, spleen and kidney ailments; alleviates vertigo, asthma, varicose

veins, aches and pains, bruises, fear, headaches, eyesight; eases problems with sexual frustration and balances the sex drive.

**Chakras: Heart, Higher Heart**

**Zodiac signs: Taurus, Libra**



### **Quartz Smoky**

#### **Removes Negativity, Grounding, Transformation**

Smoky Quartz is a powerful stone emitting a high level of energy. Smoky Quartz helps in grounding and is good for working with the Base and Solar Plexus Chakras. Smoky Quartz absorbs and transmutes negative energy. Smoky Quartz is also a great stone for pain relief, and helps to prevent healing crises after a strong energy session. It benefits ailments of the abdomen, back, hips, legs, reproductive system and headaches. Smoky Quartz can help integrate messages and/or spiritual energy received in higher chakras into the lower chakras and anchor expanded consciousness into the physical body. Smoky Quartz works with all of the Chakras, but can specifically focus its energies with the Base and Solar-Plexus Chakras. This crystal helps to facilitate the transformation of dreams into reality. Meditating with Smoky Quartz can bring information from other realms into the physical. Smoky Quartz has a slow and methodical way of pulling higher energies down into third dimensional reality.

**Chakras: Base, Solar Plexus**

**Zodiac signs: Scorpio, Sagittarius, Capricorn**



### **Rhodonite**

#### **Love of Self/Others, Vitality, Support**

Rhodonite helps to balance the emotions and calm impatience. Rhodonite is a very supportive stone that works with the Heart Chakra to attract love and ground negative energies. Rhodonite allows one to see areas in their life that can be improved on without criticizing or judging oneself. Rhodonite is often used for rediscovering one's inner gifts.

Rhodonite can also help one to remember their soul-purpose, and facilitate living from the heart. Rhodonite can assist one in discovering one's true passion, encourages people to find ways to be of service to humanity and helps to draw in synchronization related to this goal. Rhodonite can enhance power in those who have truly altruistic intentions. Rhodonite is believed to support detoxification and healing of the organs, especially the liver. Rhodonite is a good stone to help healing ailments of the heart, lungs, and nervous system, and is also used to reduce swelling and inflammation, stomach ulcers, emphysema, arthritis, inflammation of joints, MS,

and hearing. Tumbled Rhodonite can also be used to stimulate the metabolism, and when feeling panicked and/or anxious.

Chakras: Heart, Base

Zodiac signs: Taurus



### **Selenite White**

#### **Divine, Spiritual Connection, Highest Vibration**

Selenite shields a person or space from outside influences. Selenite can evoke protection from the angelic realm and also dispels negative energy. The powerful energies of Selenite help one connect with the Divine and Higher Self. Selenite can be held or placed around a person to facilitate such a connection. Selenite calms and soothes, bringing a deep peace and sense of tranquillity. Use Selenite around your home to create a safe and peaceful space. Selenite brings mental clarity, clearing confusion and revealing the bigger picture behind any problem. Selenite is used for good luck and protection. The powerful vibration of Selenite can clear, open, and activate the Crown and Higher Chakras and is excellent for all types of spiritual work. Selenite can also be used to strengthen the memory. Promotes flexibility. Selenite removes energy blockages from physical and etheric bodies. It can reverse the effects of “free radicals” to heal and repair on the cellular level. Selenite is associated with the spine and the skeletal system. Selenite can be used to mitigate problems with Mercury fillings in dental work. Selenite is also good for breast feeding. May help with epileptic seizures. Selenite should be kept dry do not clean with water.

**Chakras: Crown, Higher Crown**

**Zodiac signs: Taurus**



### **Sodalite**

#### **Intuition, Focuses Energy, Guidance**

Sodalite encourages being true to self and standing up for your beliefs. A stone of self-expression and confidence, Sodalite can aid in issues of self-worth, self-acceptance, and self-esteem. Sodalite promotes intuition and a trust in one’s own judgment. Sodalite helps to achieve emotional balance, releasing old conditioning and programming of the past which no longer serves. A stone of awakening, Sodalite stimulates the Pineal Gland and the Third Eye, and deepens meditation. Sodalite is helpful for those who find themselves to be over-emotional, it will allow one to use more logic and intuition. Sodalite helps to enhance psychic abilities while discouraging any obsession about such abilities. Sodalite encourages discipline and will in one’s personal and public lives, and can be a facilitator of career advancement when used in this manner. Sodalite can help one to find efficient ways of dealing with daily tasks and problems.

Sodalite helps guide one on their spiritual path and to become aware of the patterns that can occur over the course of one's life, their meanings and purposes. Sodalite can ease anxiety and panic attacks, mental confusion, and fear/phobias. Use Sodalite to strengthen the immune system, ease insomnia, throat, digestive disorders, fevers, and balance metabolism. Helps with calcium deficiencies. Place Sodalite next to your computer to help clear electromagnetic pollution.

**Chakras: Throat, Brow**

**Zodiac signs: Sagittarius**



### **Tiger Eye Golden**

#### **Protection, Creativity, Balance**

Golden Tiger Eye brings brightness and optimism to a situation, and shines insight onto problems. Known as a stone of protection, especially for travellers, Golden Tiger Eye brings good luck and prosperity to the user. Ancients used Tiger Eye as a talisman against bad luck and curses.

Tiger Eye attracts abundance and can also stimulate the rise of Kundalini energies. Tiger Eye is a must for anyone's healing kit. Golden Tiger Eye is a powerful Solar Plexus Chakra stone, helpful to manifest ideas into reality and giving courage in times of change. Use Golden Tiger Eye with the Solar Plexus Chakra to increase your personal power. Tiger Eye enhances psychic abilities and balances the lower Chakras. Earthy people will find success increasing their psychic abilities using Tiger Eye when working with the Third Eye Chakra. Use Golden Tiger Eye with the Sacral Chakra to bring spiritual grounding. You can carry Golden Tiger Eye in your pocket when you need a boost of creative energy, or when dealing with issues involving power, will, control, and/or concentration. Golden Tiger Eye can provide balance to those experiencing extremes, and as such, can be helpful to those with manic depression, or bipolar disorder. A common method of using intention to attract prosperity is surrounding a lit green candle with Golden Tiger Eye. While all forms of Tiger Eye help to raise vibrations, Golden Tiger Eye will also connect these energies to the lower Chakras in balance, keeping one from feeling disconnected when working with higher goals. Tiger Eye offers strength and vitality, and can encourage the proper function of the endocrine system.

**Chakras: Sacral, Solar Plexus, Brow**

**Zodiac signs: Leo, Capricorn**



### **Tourmaline**

#### **Protection, Grounding, Calming**

Black Tourmaline is a protective stone which repels and blocks negative energies and psychic attack. Black Tourmaline also aids in the removal of negative energies

within a person or a space. Black Tourmaline will cleanse, purify, and transform dense energy into a lighter vibration. A popular metaphysical stone, Black Tourmaline is also great for grounding. It balances, harmonizes, and protects all of the Chakras. Use Black Tourmaline to protect against electromagnetic “smog” (i.e. cell phones, computers, etc.), radiation, noise sensitivity and other such disturbances. Black Tourmaline can be used as an aid to remove fear and boost self-confidence. Black Tourmaline has a calming effect when needed, grounding flighty or scattered energies into the earth. Those who face challenges from negativity, frequent worrying, and/or OCD can work with Black Tourmaline to help heal these issues. Carry a piece of Black Tourmaline in your pocket to increase physical vitality throughout your day. Meditation with Black Tourmaline can enhance the integration of insights and visions into one’s daily life. Black Tourmaline helps to strengthen the immune system, balance the left and right hemispheres of the brain, and detoxify the body. Black Tourmaline is very helpful when dealing with illnesses of the lungs such as bronchitis, emphysema, pneumonia and Pleurisy. Black Tourmaline is a must for any medicine bag and is great for body layouts.

**Chakras: Base**

**Zodiac signs: Capricorn**



### **Unakite**

#### **Balance, Release, Spiritual Insight**

Unakite is an altered Granite consisting primarily of pink Orthoclase Feldspar, Clear Quartz and green Epidote. Unakite balances the emotional and spiritual bodies, and provides gentle release of energetic blockages. It helps us to move on from outmoded beliefs from the past.

A stone of vision, Unakite can open and activate the Third Eye Chakra to receive spiritual insights from higher realms. Unakite’s grounding effect can bring a calming influence to any environment, and is great for the workplace or the home, sending out peaceful vibes to all those nearby. Unakite is said to be good for the reproductive system, for healthy pregnancies, and for the healthy development of unborn babies. Unakite can also protect against electromagnetic pollution from computers or cell phones. Unakite is also used during recovery from trauma or major illnesses, helping the cells to “remember” the state of perfect health.

**Chakras: Heart, Higher Heart, Brow**

**Zodiac signs: Scorpio**